

Great for health, perfect for the whole family.

Superior pea protein isolate provides the
highest concentration of vegetable protein available

88% Protein

98% Digestibility



ESSENTIAL FOR EVERYONE!

Protein supplies us with amino acids - undoubtedly
the most important building block in the body.



REPAIR · MUSCLE TONE · WEIGHT CONTROL · MOOD · IMMUNE · SKIN

100% vegetable premium pea protein isolate

Ideal for everyone!

VANILLA
CHOCOLATE
DECAF COFFEE
&
ORIGINAL
FLAVOUR

Whether you take protein to supplement your diet for sports, weight management or simply to ensure good nutrition, Vital Protein provides a delicious alternative to dairy or soya based protein powders. Our pea protein is extracted from European-grown yellow peas using a patented process that isolates an incredible 88% of protein, ensuring an easily digestible, natural product of high quality. Vital Protein is 98% digestible.

KEY FACTS

Golden pea protein isolate beats soy, carob and rice protein and whey concentrate in both protein content and digestibility.

It has the most potent and balanced branch chain amino acid profile of any plant-based proteins. Amino acids are essential for maintaining healthy muscle mass during strenuous exercise or weight loss.

It is the only protein powder that is alkaline (pH 7.8), which supports detoxification and reduces health problems associated with too much acidity from high protein diets.

Vital Protein contains very little carbohydrate (0.4%), has a low glycaemic index (to support fat burning) and provides a high satiety so you feel full for longer. This makes it ideal for good blood glucose regulation and for those watching their weight.

Vital Protein is 100% NATURAL, gluten free, GM-free, contains no lactose and is allergy friendly. With its low fat profile, easy digestion and great flavour, Vital Protein is ideal for anyone seeking to optimise health.

BENEFITS

- > Easy digestibility (98%)
- > Very high protein (88%)
- > 100% vegetarian
- > Alkaline (pH 7.8)
- > Certified Kosher
- > LOW GI (glycaemic index)
- > LOW fat
- > LOW carbohydrate
- > LOW allergenic
- > **NO** Gluten
- > **NO** Milk
- > **NO** Lactose
- > **NO** Peanuts
- > **NO** Soya
- > **NO** Egg
- > **NO** Sesame
- > **NO** Mustard
- > **NO** Shellfish
- > **NO** Additives
- > **NO** Preservatives
- > **NO** Artificial Colours
- > **NO** Artificial Flavours
- > **NO** Artificial Sweeteners

**PERFECT FOR VEGANS
OR VEGETARIANS**

THE IMPORTANCE OF PROTEIN

Protein is required for the construction and repair of cells, muscles, tissues, enzymes, skin and blood. It is also essential for good digestive health, the immune system, energy production, detoxification, weight management and even mood.

Insufficient protein intake may lead to muscle wasting affecting body composition, strength and hindering weight loss goals. Mild protein deficiency may be linked to hair loss, dry skin, fluid retention, bloating and depression.

Recent studies show that the optimum protein intake for humans is one gram per kilogram of body weight.

SERVING GUIDE

Smooth consistency, mixes easily and tastes great any time of the day! Shake with water, natural juice, your choice of milk or low fat yoghurt. Sprinkle over cereal. For a delicious smoothie blend with banana, mango or berries. Vital Greens is an ideal companion to Vital Protein. Can also be used for baking and cooking.

AMINO ACID CONTENT (per 100g – original flavour)

Leucine	8.4	Cysteine	1.0
Arginine	8.7	Histidine	2.5
Aspartic Acid	11.5	Alanine	4.3
Methionine	1.1	Lysine	7.2
Threonine	3.9	Glycine	4.1
Tyrosine	3.8	Proline	4.5
Valine	5.0	Serine	5.3
Isoleucine	4.5	Glutamic Acid	16.8
Tryptophan	1.0	Phenylalanine	5.5

NUTRITIONAL FACTS (per 25g serve – original flavour)

Calories	87 g	Protein	22 g
Carbohydrate	0.1 g	Fat	0.25 g

EUROPEAN DISTRIBUTOR

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